



Anti-Bullying and Anti-Violence Plan | Year-end Evaluation

2018-2019

School	<u>Laval Junior Academy</u>	Shared with Governing Board	<u>June 11, 2019</u>
Principal Centre Director	<u>Eric Ruggi</u>	Shared with Teacher Council	<u></u>
		Shared with Parents	<u></u>
Submitted to Director of Pedagogical Services and Director General			

Priorities

Our ABAV priority for the 18-19 school year was to decrease the percentage of students who felt moderate to high levels of anxiety. Our goal was to achieve last year's Canadian norm of 18%. Please note that the Canadian norm for these grades has increased. When looking at our current statistics LJA is 2% over the Canadian norm.

Students with moderate or high levels of anxiety

Students who have intense feelings of fear, intense anxiety, or worry about particular events or social situations. • 26% of students in this school had moderate to high levels of anxiety; this is 5% higher than last year's results. The Canadian norm for these grades is 24%; this has gone up 6% in the past year.

Our second ABAV priority for the 18-19 school year was to maintain or reduce our percentage of bullying and exclusion under the Canadian norm (which is 24%) Please note that the Canadian norm for these grades has decreased by 1%. When looking at our current statistics LJA is 3% under the Canadian norm, with students who feel are subjected to bullying, exclusion and/or harassment levels being at 20%.

Bullying, exclusion, and harassment

Students who are subjected to physical, social, or verbal bullying, or are bullied over the internet. • 20% of students in this school were victims of moderate to severe bullying in the previous month; this is 1% higher compared to last year's results. The Canadian norm for these grades is 23%--that has gone down by 1% from last year.

Actions | Initiatives to let go or maintain

- Initiatives put in place for the year and assessment of effectiveness of the actions.

- 1- Alissa Sklar Cyberbullying Smart student's guide to social media (let go)
- 2- Girl Talk program to help students understand and express their feelings in regards to different situations they might be facing. The goal is empowerment (let go)
- 3- Mindfulness initiatives to decrease the level of anxiety among target population.(maintain)



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- 4- Added extracurricular activities to ensure sense of belonging as well as to increase the feeling of comfort and safety within the school (i.e. sports / clubs) (maintain)
- 5- Collaborating with the community police officer for workshops or additional support if need be. (maintain)
- 6- SWLSB mentoring program (maintain)
- 7- Spiritual animator initiatives such as Vista Room (let go)
- 8- The chilling lounge is a room that students can use at lunch to give them the opportunity to socialize. This room can also increase the feeling of belonging for many who use it. (maintain)
- 9- SSC room, where students go to serve in-school suspensions or when they are sent out of class due to inappropriate behavior. They are assigned work and are expected to complete them under the supervision of a student supervisor. (maintain)
- 10- TLC room, where teachers send students to complete work or tests; it provides a quiet environment where they receive the assistance they may require to complete the assignment. (maintain)
- 11- Additional supervision throughout the day—extra supervisors were hired to assist with the supervision needs of the school, that being during class, recess or lunch.

Actions | Initiatives to develop

- *Our School Survey* results.
- Review and analysis of GPI / ISM (digital reporting platform) entries related to bullying and / or violence to assess decrease or increase in incidents of bullying and / or violence.

- 1- Based on the 2018-2019 OurSchool Survey results, we would like to increase the percentage of students feeling safe by 5%, reduce anxiety by 2% and maintain or reduce bullying rates below the Canadian norm.

We will be adding the following initiatives to achieve this goal...

- 2- General Assemblies that highlight and discuss school life to help motivate students academically and behaviorally.
- 3- Assemblies (guest speakers) to help guide students be safe online and within the social media realm.
- 4- Having organized demonstrations and activities in Block C during lunch to help bring students together.
- 5- Encouraging greater student participation in the advanced student leadership program.
- 6- Providing professional development for staff including presentations and full day training for Crisis Prevention Intervention (CPI)
- 7- Providing social skills, anger management and life social skills workshops to students, such as "Powerful Me" workshop.
- 8- Daily extra-curricular activities, which could include sports, clubs, brigade cullinaire, lunchtime activities, etc.
- 9- Student Recognition Policy to highlight their academic success/achievement and their positive behavior—monthly assemblies, term assemblies, awards night, etc.
- 10- Monitoring more closely the number of violence/bullying incidents that take place in the school (in ISM) to help provide comparisons to previous years and help us make changes to achieve our goals.