

EXTRACURRICULAR ACTIVITIES

ATHLETICS

- Soccer
- Futsal
- Basketball
- March Madness Tournament
- Ball Hockey
- Ice Hockey
- Track & Field
- Cheerleading
- Volleyball
- Open Gym
- Tennis
- Weight training
- Boot Camp
- FitSpirit for Girls
- Arundel Winter Sports trip
- Ski trip
- Discover Diving
- Yoga

ARTS

- Art Club
- Comic Book Club
- Anime Club
- School Play: High School Musical Jr.
- Shakespeare Performance
- Field trip to Montreal Museum of Fine Arts
- Music Club
- Mural Walk field trip
- 80s TV Show Club
- Singing & Vocal Performance Club
- Dance Club
- Hip-Hop

SOCIAL & CULTURAL

- Sec. 1 Welcome Appreciation Evening
- Student Council
- Brigades Culinaires
- Social Board Games
- Games Room
- Fun Zone (Diversified Paths)
- Scholastic Book Fair
- Winter Carnival
- Arundel Leadership trip
- Green Club
- New Jersey Sports trip
- Skating at Centropolis
- Chess Club

ANTI-BULLYING INITIATIVES

- Mindfulness
- ASISTA therapy dogs
- Breakfast and Lunch program
- Heathy Minds / Healthy Bodies
- Reaching Out Club
- Chilling Lounge
- Community police officer activities
- SWLSB Mentoring program

LAVAL JUNIOR ACADEMY GOVERNING BOARD 2019-20

PARENT MEMBERS

Laura Wittebol	Chair
Pino Alberga	Vice-Chair
Effie Kontakos	Secretary
Jimmy Abraham	Treasurer
Theresa Andrusko	
Alexandra Antonopoulos	
Maria Caruso	
Polzoi Christodoulakis	Substitute Member
Tony Beliotis	Parents' Committee Delegate
	Parent Commissioner: High Schools

STAFF MEMBERS

Dominic DiStefano	Professional
Carol Tenenbaum	Professional (Substitute)
Betty Aliftiras	Support
Valerio Gazzola	Teacher
Kellie George-Bernard	Teacher
Jonathan Gray	Teacher
Mary Anne Lapenna	Teacher (Sept.-Nov. 2019)
Marlyn Lypoudis	Teacher
Dominic Pompa	Teacher (Nov. 2019-)
Maria Tsakris	Teacher

COMMUNITY REPRESENTATIVES

Helen Morrison	At Large
Evan Caminis	Special Needs

ADMINISTRATION

Eric Ruggi	Interim Principal
Theodoros Liakopoulos	Interim Vice-Principal, Sec. 1
Sunday Skoufaras	Interim Vice-Principal, Sec. 2

For more information on our school,
we invite you to visit our web page:

<https://lavaljunior.com/en/>

or join us on Facebook:



LAVAL JUNIOR ACADEMY

2323, BOUL. DANIEL-JOHNSON
LAVAL, QUÉBEC H7T 1H8
TEL: 450-680-3044

ANNUAL REPORT OF THE GOVERNING BOARD 2019-20

Next Annual General Assembly
Tuesday, Sept. 8, 2020
7:00pm
(More information to follow in August)



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD

INTRODUCING LAVAL JUNIOR ACADEMY 2019-20

[Laval Junior Academy](#) (LJA) is a public junior high school founded on the values of respect, perseverance, and integrity, proudly serving its community within the Sir Wilfrid Laurier School Board. Our students, staff, and parents work together closely to promote students' success and an active participation in their own learning experience.

PROGRAMS—This year LJA welcomed close to 900 students, offering the government's [general path of education](#) for Cycle 1 Secondary and [specialized settings](#) for students not in neurotypical pathways. Building on the general program, LJA offers [concentrations](#) in visual arts, music, science, and sports, as well as several [Sport-Études](#) opportunities, the [new Blue & Gold Hockey program](#), and a specialized program in [Music and Media](#). LJA's dedicated school staff [strives to recognize student success](#) in ways that build self-esteem and school pride. Staff work diligently to support the education of the whole child which includes extracurricular as well as academic activities. Teaching staff also provide remediation support and exam preparatory sessions during the end-of-year exam period. Students who require additional support have access to special education technicians, attendants, resource support teachers, and the [Guidance Department](#).

STUDENT LIFE—Students at LJA have many outlets to discover and express themselves beyond traditional academics. A long list of student-centered [extracurricular activities](#) is offered, including clubs, teams, outings, and trips centering around sports, arts, culture, theatre, music, science, the environment, games, hobbies, culinary pursuits, and more. Our school also actively participates in fundraisers for charitable organizations such as Terry Fox and Moisson Laval, and has a very active Student Council. LJA works with the ASISTA Foundation and has an in-service [therapy dog, Wall-E](#), and an in-training therapy dog, Enzo, who both offer comfort to students with high anxiety and autism.

ABAV PLAN—Each year, schools must adopt and implement an [Anti-Bullying/Anti-Violence \(ABAV\) Plan](#). At LJA, the ABAV Plan is developed by a team of staff members using information gathered in a detailed survey which assesses the state of mind and current situation of students within the school

(OurSchool Survey). Students are educated about bullying and its impacts through various activities which help to foster a feeling of safety and well-being.

FACILITIES—LJA's classrooms are all equipped with a SMART board and computer. The school offers two Apple and PC labs as well as mobile sets of Chromebooks. The Music lab boasts state-of-the-art Apple Creative Music Labs systems. Investments in 3D printers and Raspberry Pi computers continue to be made, as we delve into coding using 21st century tools and technologies. The spacious [school library](#) has over thirty computers as well, with a large variety of bilingual books and magazines. The school also offers a full-service cafeteria, state-of-the-art auditorium, games room, four gymnasiums, outdoor sports fields, and will soon boast its own kiln for ceramics!

GOVERNING BOARD ACTIVITIES—This year the [LJA Governing Board](#) held four regular meetings in the school library followed by three special meetings via videoconference after the institution of pandemic measures by the provincial government beginning on March 13, 2020. Activities of the governing board included the review and approval of the school's ABAV Plan, the allocation of funds from grants and measures, subject-time allocation, the [Student Code of Conduct](#), fees charged to parents, and school supply lists. The governing board also adopted the School Budget and gave its feedback to the School Board on the Deeds of Establishment of our school and our Criteria for the Selection of a Principal. The governing board created two subcommittees including one for the review of sustainability practices at LJA, and a second one for the review of the cell phone policy within the Student Code of Conduct. The review of the cafeteria service provider is ongoing. Finally, many field trips and fundraisers, as well as the occasional rental of the school facilities by outside organizations, were reviewed and approved by the governing board.

HOME & SCHOOL ASSOCIATION—**New!** This year marked the founding of LJA's new [Home and School Association](#), a form of community support that has proved very successful at other SWLSB schools. The fledgling "Home and School", headed by LJA parent Ms. Tracy Marak, worked very hard this year to support initiatives including the purchase of equipment for Special Needs students and supporting the annual care, certification, and follow-up training of LJA's beloved therapy service dog, Wall-E. Fundraising activities included sales of TCBY, Pretzels, cookie dough, and baked goods. Our sincerest thanks to our dedicated volunteers!

SPECIAL CIRCUMSTANCES THIS YEAR—The arrival of the Covid-19 pandemic in winter 2020 caused the abrupt closure of schools and, exceptionally, forced a change to remote teaching and educational services in Quebec and throughout the world. LJA teachers, professionals, support staff, and administration stepped up to the challenge, reaching out to parents and students, offering their support. Teachers have provided a modified, remotely delivered, yet still interactive education program, to the best of their abilities. The school also provided over 60 laptops and tablets to support students in need of equipment for the distance education classes. The LJA Governing Board wishes to express its sincere appreciation of the great efforts by all involved, in bringing our school community together during this difficult time.

EXTRACURRICULAR ACTIVITIES

ACADEMICS

- *Tutorials and workshops*
- *Aeronautics*
- *Coding*
- *Math Club*
- *History movies*
- *Apple Store programming workshops*
- *Institut Armand Frappier visit*
- *CIEAU Water Filtration Plant visit*
- *Honour Roll and Student Awards Night*
- *LJA Student Recognition Coins*

COMMUNITY INVOLVEMENT

- *Terry Fox Run*
- *Student Council*
- *Community Holiday Breakfast*
- *Green Club*
- *Blue Club*
- *Community Service / Volunteering*
- *Food Drive for AGAPE*
- *Snacks For Students Table*