



AN ENGLISH  
EDUCATION,  
**A BILINGUAL  
FUTURE**



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER  
SIR WILFRID LAURIER SCHOOL BOARD



**ENGAGE • BUILD • ACHIEVE**  
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**LAVAL** **JUNIOR**  
**2021-2022**



**ÉCOLE SECONDAIRE LAVAL JUNIOR ACADEMY**



# COME HOME to Laval Junior Academy

As part of the Sir Wilfrid Laurier School Board, Laval Junior Academy (LJA) is a public high school built on respect, perseverance and integrity. Following the “Middle School” model, LJA proudly serves the community. Our students, staff, and parents work closely together to promote student success and engagement. The entire LJA team recognizes that junior high school is a crucial period in the development of young people and every effort is made to give all our students the necessary tools, skills, and habits for them to succeed as lifelong learners.



## Why Choose LJA?



Quality Education  
General Plus Program



Concentration Programs



French Plus Program



Programs to  
support students  
with special needs



Sport-Études  
with Academic Support



Social and Environmental Awareness



Extracurricular Activities



# Message from the School Administration

Education in all its forms is a shared commitment between the dedicated school team, curious students and enthusiastic parents, each with high expectations. It is our belief that if education is approached from the perspective of kindness and meaningful action, great things are possible.

Laval Junior Academy (LJA) is built on the core values of respect, perseverance, and integrity. As such, we recognize that the role of a school is not only to pursue academic excellence but also to motivate and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society.

At LJA we provide an atmosphere where students are encouraged to channel their potential in the pursuit of excellence. This can only be possible in a holistic, student-centered environment. The talents, skills, and abilities of each student must be identified, nurtured, and encouraged so that they are able to reach greater heights. Students need to be provided with a safe yet challenging platform to think, express, and exhibit their skills. In all instances, LJA staff members work together and act as facilitators, coaches, and mentors to help students reach beyond their grasp, to ask challenging questions, and to seek the next level of achievement in all they do.

LJA offers an extensive extracurricular program designed to supplement the regular curriculum. Numerous sports teams, clubs, field trips, activities, and projects take place throughout the entire school year giving students the opportunity to become involved in “their” school. Parent involvement is also welcomed and encouraged, as parents are the primary educators of their children. LJA has an active and involved Home and School Association and Governing Board; parents are welcome to explore how they can contribute to student life.

It is our sincere hope that we can work together to help nurture and challenge your child. As experienced educators and administrators, we can attest to the high quality of education that our school can provide to your child. Your child has a home at Laval Junior Academy.

Sincerely,

Eric Ruggi  
Principal

Sunday Skoufaras  
Vice-Principal

Charles Chagnon  
Vice-Principal





# Understanding Secondary Cycle One

Laval Junior Academy provides educational services to all young people, takes into account the diversity of their situations and provides them with the necessary tools to achieve their social and intellectual potential in both their personal and working lives. As such, LJA plays a multidimensional role in the lives of its students.

Composed of the first two years of secondary school, Secondary Cycle One reflects a notion of "common basic training" for students in Secondary I (Grade 7) and Secondary II (Grade 8). This cycle must be completed prior to a formal assessment of student learning.

The Québec Education Program (QEP) is designed as a system with three integrating elements: broad areas of learning, cross-curricular competencies, and subject areas. Its structure is intended to facilitate the establishment of connections among the different educational components.

## Broad areas of learning

The QEP presents a number of broad areas of learning, which deal with major contemporary issues young people will have to confront, both individually and collectively, in different areas of their lives. These issues also represent challenges to their talent and creativity. Five areas were chosen on the basis of their importance for society and their relevance for the students' education:

- Citizenship and Community Life
- Environmental Awareness and Consumer Rights and Responsibilities
- Health and Well-Being
- Media Literacy
- Personal and Career Planning

## Cross-curricular competencies

Cross-curricular competencies represent goals that are common to the whole curriculum. They apply to all the broad areas of learning and are also closely linked to the subject areas. The QEP contains nine cross-curricular competencies grouped into four categories:

- Intellectual: uses information, solves problems, exercises critical judgement, uses creativity
- Methodological: adopts effective work methods, uses information and communications technologies
- Personal and Social: achieves his/her potential; cooperates with others
- Communication: communicates appropriately

## Subject areas

Traditional high school courses (English, French, Math, etc.) are grouped into subject areas that are related or have a common focus. The General Studies Curriculum is split into six subject areas:

- Languages
- Social Studies
- Mathematics, Science and Technology
- Arts Education
- Personal Development
- Career Development

In addition to offering the General Studies Curriculum, LJA is proud to offer a number of specialized, enriched, and accelerated programs.



# Laval Junior Academy Programs & Courses

The educational programs offered at LJA directly reflect our vision to offer diversified programs meet all students' needs and allow every student to reach his/her potential. We pride ourselves challenging our students to develop the skills they need to continue to succeed.

## All students are offered:

- English Language Arts (regular or enriched)
- Mathematics (regular or enriched)
- Français (régulier ou enrichi)
- Science (regular)
- Social Studies I Geography and History (offered in French for students in the French Plus program)
- Ethics and Religious Culture
- Physical Education
- Arts Option (Art, Drama or Music)

## English Language Arts | Regular or Enriched Program

- Montreal Shakespeare Theatre Company, annual presentation
- Multi-genre content with rich skill-building support material and thrilling multi-media texts
- Enriched Program includes enhanced academic workload, critical reflection, independent work ethic, movie/film making, writing contests and talk-shows
- Culture in the schools (author visits)
- Personal portfolios
- Literature circles
- Native Canadian literary content
- Google Classroom
- Autobiography scrapbook
- Gratitude project
- Literacy center
- Book fair
- Interactive learning platforms such as Newsela, Storybird, Google Read and Write, ReadWorks, Kahoot and Quizlet
- Projects with Blue Metropolis, Literary Foundations, Geordie Productions, CIVIX and The Canadian Bar Association (Moot Court Activities)

## Mathematics | Regular or Enriched Program

- High functioning interactive technology: Edmodo, Google Classroom. Smart Board
- Algebra, number theory, statistics, geometry
- Math Support Center and Classroom Resource
- Interactive Resource Math Help Services
- Connecting math to real life
- Organizational Skills and Study Skills
- Daily lunch hour, individualized tutorials, help, practice, enrichment

## Français | Régulier ou Enrichi

Le programme de français de base a notamment pour objectif de développer l'habileté à communiquer en français dans des situations langagières authentiques. De plus, ce cours vise à entraîner l'élève à l'utilisation du français requis lors d'échanges d'informations portant sur des thèmes variés afin qu'il puisse acquérir le vocabulaire et la syntaxe nécessaires, par exemple. Finalement, puisqu'il est difficile de séparer langue et culture, l'élève prendra contact avec la culture québécoise et francophone grâce à divers médias.

- Dernière édition papier et virtuelle d'un matériel pédagogique de qualité
- Orateur: Les mots s'animent
- Concours d'art oratoire • Dictée PGL
- Programme culture à l'école, Auteurs, Artistes, Bédéistes
- Foire littéraire
- Débats
- Les Brigades Culinaires
- Kahoot, Duolingo, Rosetta Stone, Quizizz, Edmodo, Google Classroom
- Sorties éducatives, Radio-Canada, Musée Grévin, Théâtre de la Dame de Coeur
- Programme enrichi, 2<sup>e</sup> matière en français (Histoire et Géographie)
- Cercles littéraires
- Semaine de la francophonie



# —Laval Junior Academy Programs & Courses—

## Science | Regular

- Online Labs, computer labs, Smart Technologies in the classroom, Video Conferencing
- Labs (separation techniques, acid/bases, simple machines and many others)
- Science club, Aeronautics club, Green club
- Edmodo, online digital workbook components, Google Classroom, Phet simulations
- Outdoor lab experiments, access to the Community Garden
- Reptizoo guest presentation with live animals for the students to see and interact with
- Science Fair (In-School), Science Fair (Regionals)
- Interactive learning supplements such as Kahoot and Plickers

## Social Studies | Geography and History

- In the French Plus Program, History and Geography are offered in French
- Interactive learning opportunities include global virtual tours, use of eBooks and interactive mapping
- Inquiry-based learning
- Environmental awareness and global citizenship
- Communication and interpersonal skills
- Teamwork and collaboration
- Educational platforms and resources include Edmodo, Google Slides, Google Earth, Kahoot, Crash Course and Allo-Prof
- Flipped classroom approach
- Cross-curricular projects in collaboration with Historica Canada, The Citizenship Challenge, Elections Canada, Veterans Affairs, Canada's History, Discovery Education, National Geographic, and UNESCO





# Specialty Programs



## General Plus Program

### General Plus

The LJA General Plus Program directly reflects our vision of offering a high-quality educational pathway that meets the needs of all students while at the same time encouraging students to reach their highest potential. We pride ourselves on offering students challenging experiences that will help them develop the skills and competencies needed for them to succeed as lifelong learners.

While our General Plus Program is both challenging and well-balanced, LJA students have the opportunity to select enriched English Language Arts, Français Langue Seconde and/or Mathematics classes. These courses require a teacher's recommendation.



## FR•EN French Programs

### French Plus

In addition to taking French (*français enrichi* or *français langue seconde*), students in this pathway may add *histoire et géographie*. This is an excellent way to provide increased exposure to the French language as it represents one-third of the student's course load.

### Français enrichi

Le programme de français enrichi expose l'élève à la richesse de la langue française. En classe, nous voulons que les élèves communiquent en français d'une manière plus fluide et efficace et ce, dans des situations orales ou écrites (débats, cercles de lecture, etc.). Les élèves seront également encouragés à approfondir leurs connaissances grammaticales de la langue et à les transférer en utilisant diverses stratégies. Finalement, puisqu'il est difficile de séparer langue et culture, l'élève prendra contact avec la culture québécoise et francophone grâce à divers médias.

### Academic Consolidation (AC) Program

Consolidation of CORE courses (Math, English, Social Studies, French, Science) for students working one or two years below grade level.

### Special Education

LJA is proud to offer a diversified environment that serves the special needs of many differently abled learners in our community. All our Special Needs programs provide a positive environment with learning objectives tailored to each student's learning style, academic level, and individual needs according to their Individual Education Plan (IEP).

The *Diversified Path* program are low-ratio classes that allow students to work on a modified curriculum. The *CASP* Program focuses on socially based competencies, designed for students aged 6-15 with moderate to severe intellectual disabilities. Acceptance and placement with regards to special education is done by a team of professionals at the school board level.

The *Low-Ratio* (LR) program provides a safe environment for students who follow the regular curriculum and are functioning at the academic level appropriate for their age. This grouping is geared for students who require more constant support and can benefit from learning in a smaller sized grouping.



## Special Education Programs







## Concentration Programs

# Concentration Programs

### These programs may also be taken with French Plus

Laval Junior Academy is proud to offer a wide range of concentration programs\* geared towards skills acquisition and development. These programs are also a very important way of promoting student engagement. In addition to providing access to our general and enriched course options, students in concentration programs have additional periods allocated to courses that will help nurture their passions:

#### Athletic Concentration

Students benefit from 5 periods allocated to **Ice Hockey, Ball Hockey, Soccer or Basketball**, which encourages them to focus on physical health and well-being. In our Athletic Concentration programs, students participate on school teams in their chosen sport. These programs provide students with the opportunity to complete the regular or enriched academic program while benefitting from more time during the school day to focus on skill development in their chosen sport. **Football** concentration is dependent upon sufficient registration. Secondary 1 and 2 students can practice and compete with the Laval Senior Academy Football Program.

##### Hockey

Crossfit training • plyometric training • game strategies and tactics • arena time for ice training  
ball hockey team • floor hockey team • ice hockey team • certified coaches

##### Soccer

Crossfit training • plyometric training • conditioning • high level certified coaches • Specialized soccer training • futsal girls and boys • division 1-3 boys and girls outdoor • 4 outdoor teams • soccer golf

##### Basketball

League play • crossfit training • plyometric training • conditioning • skill development  
game strategies and tactics • division 2-3 boys and girls • certified coaches • CEGEP game outing

##### Football (in conjunction with LSA)

Crossfit training • plyometric training • game strategies and tactics • certified coaches • conditioning  
football team • flag football

#### Arts Concentration

##### Visual Art

Creating identity art • learning artistic techniques through the elements of art • appreciating different art styles from around the world • using art as a form of expression • understanding and using the principles of design • learning about different artists from around the world • set design for school musicals • creation of murals (painted and ceramic mosaic) in school • virtual art gallery tours

##### Drama

Collaborative skills • self-esteem • voice and movement through improvisation • script writing  
group scene work

##### Music

The music program encourages students to create, perform and appreciate music in a group setting. Through the use of a music lab, students learn to play the keyboard as their main instrument. Students receive training in the acquisition of computer literacy in a state-of-the art Apple lab under the guidance of a highly trained music teacher.

#### Physical Education Leadership Concentration

The Physical Education Leadership program is based on building leadership and organizational skills through a sports orientation. It is designed for students who want to expand their abilities in sports and the organization of sports activities. The program objective is to promote student sociability, autonomy, confidence and responsibility. Students learn how to create games, teach the class and organize and run tournaments. They follow a regular program with two extra periods of Physical Education.

##### Leadership

Leadership skill development through ALL sports • CrossFit training • plyometric training • ski trip  
March Madness | Gr.5-6 Basketball Tournament (run by Leadership) • I-saute • Arbraska  
Arundel leadership trip • first-aid certification • peer teaching and coaching

##### Regular Phys-Ed

Fitness-crossfit training • ski-snowboard trip • outdoor activities year round • lunchtime sports  
after school teams • Arundel winter activities trip

*\*A minimum of 25 students are required to open additional sections.*





## Concentration Programs

### Science Concentration

*(Math Enriched and two extra periods of Science)*

An engaging program which allows students to explore the scientific, technological and mathematical worlds. Students benefit from an in-depth approach to the curriculum designed to foster scientific and mathematical curiosity. An inquiry-based approach allows students to develop logic, critical thinking and empirical skills which will serve them well in future studies and the wider world.

- Use of technology such as iPads, laptops, Raspberry Pi, programming, and digital microscopes
- Interactive learning supplements such as Kahoot, Edmodo, Google Classroom, and Plickers
- Science Experiments such as separation techniques, acid/bases, mixture solutions, and simple machines
- Special presentations from Reptizoo and Birds of Prey presentation
- Explore learning (Virtual labs, Phet simulations)
- Field Trips such as the Armand Frappier Museum, Parc Omega, Granby Zoo, Planetarium, Montreal Science Centre, IMAX, and virtual tours



### Blue & Gold | Elite Hockey Program

The Local Blue & Gold Hockey Program is a new program that offers high performing hockey players the opportunity to focus on developing their hockey skills and potential while maintaining a high academic standard. Under the direction of Mr. Michael Cucinotta (Assistant-Coach with the McGill Hockey Team), students train, practice and compete 5 days per week during on-ice and off-ice sessions. Students follow the same schedule as Sport-Etudes students and thus benefit from the same academic support as Sport-Etudes students.

These student-athletes must maintain the same academic and behavior standards and expectations as Sport-Etudes and are subject to the same standards and procedures for evaluation as all other students. As they are expected to complete the regular curriculum in an accelerated mode; our Blue & Gold students enjoy similar privileges as the Sport-Etudes students but compete for their school rather than their federation.







## Sport-Études

- A Sport-études program is an obvious choice for high school aged student-athletes who are recognized by a federation and who strive for excellence in a particular sport.
- Only secondary school students, recognized by their sports federation, may enroll in a Sport-études program subject to the admission requirements set by the Sir Wilfrid Laurier School Board (SWLSB)
- The student-athlete is able to combine his/her education and sport within an 8-hour day so as to enjoy a better quality of life.
- By enrolling in such a program, the student-athlete must expect that the pace required for learning will be accelerated compared to regular programs because the amount of time spent in the classroom is less than in a regular program.
- The student-athlete will have to work independently and seriously if he/she wants to succeed.
- Pedagogical support periods are offered daily to assist students academically.
- This high-level program is recognized by the Ministère de l'Éducation et Ministère de l'Enseignement supérieur (MEES) and is administered in conjunction with provincial sports federations.
- The Sport Federations involved have signed protocols with the Sir Wilfrid Laurier School Board and Laval Junior Academy, local clubs and associations, and Le Ministère de l'Éducation et Ministère de l'Enseignement supérieur (MEES). Entrance criteria and practice requirements are set by the individual federations.
- To be eligible for the LJA Sport-études program, athletes must be registered with one of the recognized Sports Federations. Further information on the Provincial Sport-études program can be found at the MEES website:  
<http://www.education.gouv.qc.ca/organismes-de-loisir-et-de-sport/programmes-sport-etudes-au-quebec/>

## The primary requirements for admission and retention in the LJA Sport-études program are:

- The student must be recognized by a sports federation as an espoir, relève, excellence or élite athlete;
- The student must be eligible to attend a public English School in the province of Quebec;
- The student-athletes are subject to the same evaluation processes as all other students (i.e. LJA Standards and Procedures, School Board Examinations, etc.)
- The student-athletes must demonstrate and maintain the program's academic and behavior standards and expectations.

For more information about Laval Junior Academy's Sport-études program, please contact the coordinator, **Mr. Chris Lemay** at [clemay@swlauriersb.qc.ca](mailto:clemay@swlauriersb.qc.ca) or 450-680-3044 ext. 8833.

For more information and our application form, please visit our website at:  
<https://lavaljunior.com/en/specialized/sportsetude/>







# Extra Curricular Activities

## Academics

Aeronautics Club • Arundel Leadership Trip • Coding • Green Club • History Movies • Math Club  
Programming Club • Robotics

## Culture

Clubs - Art • Photography • Music • Movie • Community Outings • Hip-Hop • Murals and Mosaic Projects  
Annual School Plays and Musical •

## Social

Classic TV @ Lunch • Anime Club • Comic Book Club • Table-Top RPG Club • Fun Zone  
Fundraising (DP) • Let's Lunch • Lunch Program • Maze & Games • School Dances  
Social Board Games • Student Council • Zootherapy • Asista Service Dogs (Wall-E and Enzo)

## Sports and Teams

Ball Hockey • Ice Hockey • Indoor Soccer (Futsal) • Cheerleading • Ski and Snowboard • Football  
Girls and Boys Basketball • Boys and Girls Soccer Teams • Track and Field • Volleyball • Weight training  
Fit Spirit for Girls • Handball • Tennis

## Outings • Trips • Events

3 Seasons Club • Art Arundel Trip • Arundel Leadership Trip • Boston Trip • Cabane à sucre  
Brigades Culinaires (La Corvee • Quarts de finale • Foire Alimentaire • Souper de Noel)  
Community Outings • New Jersey Sports Trip • New York • Ottawa • Toronto • Winter Arundel Trip







## REGISTRATION

**New registrations:** Please contact the school to make an appointment with our school secretary during the month of February.

**Re-registration forms** for Sir Wilfrid Laurier elementary students should be completed online by February 1, 2021.

### LAVAL JUNIOR ACADEMY

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**lavaljunior.com**

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